

2019

BeWell Events

JANUARY 3

**BeWell Program
begins**

MARCH 21

Wellness Fair

MAY 2

Cardinal Walk

MAY 21

**Redwood City
Cardinal Walk**

OCTOBER 3

Harvest Festival

NOVEMBER 20

**Rivals for Life
Blood Drive**

NOVEMBER 30

**BeWell Program
ends**

DECEMBER 12

Sharing Wellness